Name:

Age: Gender:

Date of Birth:

Occupation:

Email:

Mobile: Suburb:

Any current or previous injuries:

By signing this form and participating in class, I hereby agree that the following terms and conditions and undertakings apply to the Yoga Exercises (“Yoga Exercises”) to be provided to me by Be HAPPY Yoga:

I am participating voluntarily in classes, workshops or events offered by Be HAPPY Yoga.

I have been examined by a licensed medical practitioner (“Practitioner”) within the past six months and have been found by such Practitioner to be able to perform all vigorous stretching and Yoga Exercises which I am to perform during my participation in the yoga class, workshop or event organised by Be HAPPY Yoga.

I will faithfully follow all instructions given to me by Be HAPPY Yoga and their associated teachers, as to when, where, and how to perform and not to perform the Yoga Exercises.

I agree and acknowledge that participation in any Yoga Exercises could constitute a risk of serious injury to myself, including permanent paralysis or death. I voluntarily and knowingly recognise, accept and assume this risk and warrant that I am physically fit and able to perform the Yoga Exercises without risking serious injury, including permanent paralysis or death. I acknowledge that neither Be HAPPY Yoga, associated teachers, staff or employees shall be nor be deemed to be responsible or liable (whether in contract of in tort or under any statute whatsoever), for any injury, illness or other mishap I sustain arising from or out of, or in any way directly or indirectly connected with the Yoga Exercises.

I understand and acknowledge that I am to receive instruction in Yoga Exercises and theory only. Be HAPPY Yoga, associated teachers, staff or employees of Be HAPPY Yoga, are not liable for, nor are expected to provide any advice, training or medical assistance other than in the form of Yoga Exercises.

I indemnify and will at all times hereafter well and sufficiently indemnify and keep fully indemnified Be HAPPY Yoga, associated teachers, staff or employees of Be HAPPY Yoga from and against all actions, suits, causes of action, proceedings, claims, costs and expenses whatsoever which may be taken or made against Be HAPPY Yoga, associated teachers, staff or employees of Be HAPPY Yoga or incurred or become payable by Be HAPPY Yoga, associated teachers, staff or employees of Be HAPPY Yoga in connection with or arising out of any such injury, illness or mishap to me.

The fee paid by me for participation in Be HAPPY Yoga classes, workshops or events is non-refundable. Be HAPPY Yoga in their sole discretion may grant refunds to me without prejudicing any of their rights.

Be HAPPY Yoga reserves the right to cancel any event, in which case a full refund will be granted.

I indemnify Be HAPPY Yoga, associated teachers, staff or employees of Be HAPPY Yoga against any loss or damage of my personal belongings that may arise through my attending this class, workshop or event.

I have read the above release and waiver of liability and fully understand its contents.

I voluntarily agree to the terms and conditions stated above.

Name

Sign

Date